

Milestones

Ages 0 – 5 Years Old

0 to 3 Months

Reacts to loud sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Calms down or smiles when spoken to	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Recognizes your voice and calms down if crying	YES <input type="checkbox"/>	NO <input type="checkbox"/>
When feeding, starts or stops sucking in response to sound	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Coos and makes pleasure sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Has a special way of crying for different needs	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Smiles when he or she sees you	YES <input type="checkbox"/>	NO <input type="checkbox"/>

4 to 6 Months

Follows sounds with his or her eyes	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Responds to changes in the tone of your voice	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Notices toys that make sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Pays attention to music	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Babbles in a speech-like way, uses many different sounds, including sounds that begin with p, b, and m	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Laughs	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Babbles when excited or unhappy	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Makes gurgling sounds when alone or playing with you	YES <input type="checkbox"/>	NO <input type="checkbox"/>

Milestones

Ages 0 – 5 Years Old

7 Months to 1 Year

Enjoys playing peek-a-boo and pat-a-cake	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Turns and looks in the direction of sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Listens when spoken to	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Understands words for common items such as “cup,” “shoe,” or “juice”	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Responds to requests (“Come here”)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Babbles using long and short groups of sounds (“tata, upup, bibibi”)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Babbles to get and keep attention	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Communicates using gestures such as waving or holding up arms	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Imitates different speech sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Has one or two words (“Hi,” “dog,” “Dada,” or “Mama”) by first birthday	YES <input type="checkbox"/>	NO <input type="checkbox"/>

Milestones

Ages 0 – 5 Years Old

1 to 2 Years

Knows a few parts of the body and can point to them when asked	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Follows simple commands (“Roll the ball”) and understands simple questions (“Where’s your shoe?”)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Points to pictures, when named, in books	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Acquires new words on a regular basis	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Puts two words together (“More cookie”)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Uses many different consonant sounds at the beginning of words	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Uses some one- or two-word questions (“Where kitty?” or “Go bye-bye?”)	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Enjoys simple stories, songs, and rhymes	YES <input type="checkbox"/>	NO <input type="checkbox"/>

2 to 3 Years

Has a word for almost everything	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Uses two- or three-word phrases to talk about and ask for things	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Uses k, g, f, t, d, and n sounds	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Speaks in a way that is understood by family members and friends	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Names objects to ask for them or to direct attention to them	YES <input type="checkbox"/>	NO <input type="checkbox"/>

Milestones

Ages 0 – 5 Years Old

3 to 4 Years

Hears you when you call from another room	YES <input type="checkbox"/> NO <input type="checkbox"/>
Hears the television or radio at the same sound level as other family members	YES <input type="checkbox"/> NO <input type="checkbox"/>
Answers simple “Who?” “What?” “Where?” and “Why?” questions	YES <input type="checkbox"/> NO <input type="checkbox"/>
Talks about activities at daycare, preschool, or friends’ homes	YES <input type="checkbox"/> NO <input type="checkbox"/>
Uses sentences with four or more words	YES <input type="checkbox"/> NO <input type="checkbox"/>
Speaks easily without having to repeat syllables or words	YES <input type="checkbox"/> NO <input type="checkbox"/>

4 to 5 Years

Pays attention to a short story and answers simple questions about it	YES <input type="checkbox"/> NO <input type="checkbox"/>
Hears and understands most of what is said at home and in school	YES <input type="checkbox"/> NO <input type="checkbox"/>
Uses sentences that give many details	YES <input type="checkbox"/> NO <input type="checkbox"/>
Tells stories that stay on topic	YES <input type="checkbox"/> NO <input type="checkbox"/>
Communicates easily with other children and adults	YES <input type="checkbox"/> NO <input type="checkbox"/>
Says most sounds correctly except for a few (l, s, r, v, z, ch, sh, and th)	YES <input type="checkbox"/> NO <input type="checkbox"/>
Uses rhyming words	YES <input type="checkbox"/> NO <input type="checkbox"/>
Names some letters and numbers	YES <input type="checkbox"/> NO <input type="checkbox"/>
Uses adult grammar	YES <input type="checkbox"/> NO <input type="checkbox"/>

Milestones

Ages 0 – 5 Years Old

Your Personal Notes and Observations